

LIFELINE (Personal Response System):

Install, service, teach and assist subscribers with the Lifeline device in their home.
Must have a vehicle and mileage reimbursement is available

SENIORS EXERCISE FITNESS INSTRUCTOR:

Programs are run from September to May each year.
The program complies with the Standards and objectives as developed by the Canadian Centre for Activity and Aging (CCAA).
Volunteer instructors are certified by the Centre for Activity and Aging, University of Western Ontario.

Locations:

Carleton Place, Smiths Falls & Perth

For more information please contact

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